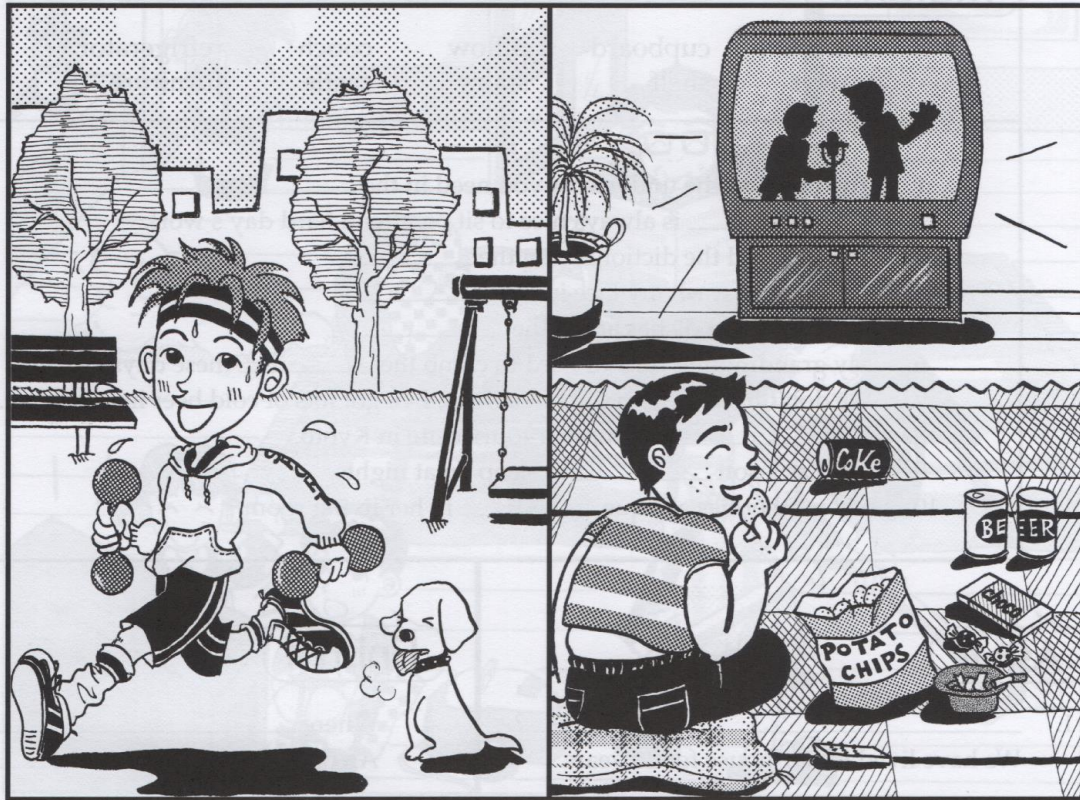


# LESSON 41

## 13 Health



### Talk about it

1. What is the person on the left doing to keep healthy?
2. Do you think the person on the right is healthy? Why? Why not?
3. What is the person on the left carrying?
4. Which person do you think you are most like? Why?
5. Is anyone in your family like either of these people?
6. What is the person on the left wearing?
7. Where is he jogging?
8. What objects can you see on the living room floor?
9. What kind of show do you think he is watching?
10. In the left picture, what can you see in the background?
11. Do you think you are healthy? Why? Why not?
12. Have you ever seen a doctor? If yes, why?
13. How much sleep do you usually get?
14. Is there a lot of stress in your life? If yes, why?
15. Which is better, your mental or physical health?
16. Is being in good health the most important thing in your life?
17. Do you have any unhealthy habits? If yes, what are they? How often do you do them?  
Do you think you can change your lifestyle? Why? Why not?
18. Is the environment you live in healthy? Why? Why not?
19. Do you take vitamins? Why? Why not?
20. What can you do to make your life more healthy? What age would you like to live to?