

## Lesson 41 解答例

1. What is the person on the left doing to keep healthy? (左の人は健康のために何をしていますか)  
He is jogging to keep healthy.
2. Do you think the person on the right is healthy? Why? Why not? (右の人は健康だと思いますか。なぜですか)  
I don't think he is healthy because he is eating junk food.
3. What is the person on the left carrying? (左の人は何を持っていますか)  
He is carrying dumb-bells.
4. Which person do you think you are most like? Why? (あなたはどんな人だと思いますか。なぜですか)  
I think I am most like the person on the right.
5. Is anyone in your family like either of these people? (あなたの家族はこれらのような人がいますか)  
My brother is like the person on the right.
6. What is the person on the left wearing? (左の人は何を着ていますか)  
He is wearing a sweat-shirt.
7. Where is he jogging? (彼はどこでジョギングをしていますか)  
He is jogging in a park.
8. What objects can you see on the living room floor? (リビングに何がありますか)  
I can see TV, junk food and beer.
9. What kind of show do you think he is watching? (彼はどんな番組を見てると思いますか)  
I think he is watching comedy show.
10. In the left picture, what can you see in the background? (左の写真で、背景になにが見えますか)  
I can see building.
11. Do you think you are healthy? Why? Why not? (あなたは健康だと思いますか。なぜですか)  
I think I am healthy because I play tennis every day.
12. Have you ever seen a doctor? If yes, why? (今まで医者にかかったことはありますか。なぜですか)  
I have ever seen a doctor. It was three years ago.
13. How much sleep do you usually get? (たいてい何時間寝ますか)  
I usually get sleep for 7 hours a day.
14. Is there a lot of stress in your life? If yes, Why? (あなたの人生でストレスはありますか。なぜですか)  
There is a lot of stress in my life because I work hard every day.
15. Which is better, your mental or physical health? (精神的な健康と、肉体的健康どちらがいいですか)  
Mental health is better.
16. Is being in good health the most important thing in your life? (あなたの人生で健康であることが最も大切ですか)  
Yes, being in good health is the most important in my life.
17. Do you have any unhealthy habits? If yes, what are they? How often do you do them? Do you think you can change your lifestyle? Why? Why not? (なにか健康に悪い習慣はありますか。そうなら、どのくらいそれをしていますか。あなたは、自分のライフスタイルをかえれますか。なぜですか)  
I have smoking habit. I smoke every day. I can't change my lifestyle.
18. Is the environment you live in healthy? Why? Why not? (あなたの住んでる環境は健康的ですか。なぜですか)  
The environment I live in is healthy because it is located in a province.

19. Do you take vitamins? Why? Why not? (ビタミンをとってますか。なぜですか。)

I take vitamins because it is healthy.

20. What can you do to make your life more healthy? What age would you like to live to? (あなたの人生をより健康的にするには何ができますか。何歳までいきたいですか)

I can try to jog. I would like to live till 100 years old.